

Notus School District 135

Summer Reintroduction Program

Goals for Summer Athletic Programs

1. Protect the health and safety of students, coaches and spectators-physical, emotional and mental.
2. Consistency with Governor Little's stages in Rebound Idaho.
3. Adaptability and flexibility as we learn and things evolve with COVID 19.

Key aspects to consider when planning summer programs for AD and coaches:

1. Scheduling:
 - a. Stagger games
 - b. Keep events small - maximum of only two schools participating.
2. Communication: to allow fans or not?
 - a. Where to enter?
 - b. Where to sit?
 - c. Sanitize hands?
3. Following safety guidelines:
 - a. Hand sanitizer and disinfecting wipes
 - b. Cleaning/disinfecting protocols– disinfectant spray bottles and towels
 - c. Social distancing
 - d. Face coverings/masks are encouraged.

Stage 3: June 4-12

- Groups of less than 50 people where appropriate social distancing and precautionary measures are observed. No competition between other schools.
- Weight Room:
 - No more than 10 people in the weight room.
 - Spotting and safety procedures **not** to be minimized due to social distancing.
 - Disinfectants used on all equipment after each session.
 - All equipment will be cleaned/disinfected at the end of each day.
- Gymnasium:
 - No more than 20 people in the gym.
 - Drills for individual development only. There will be no sharing of equipment i.e., if a kid is in the gym work on shooting free throws because they need to improve that skill, they will not share their basketball with other kids.
 - No full competition or drills that do not support social distancing.
 - Disinfectants used on all equipment after each session.
 - All equipment will be cleaned/disinfected at the end of each day.
- Face coverings encouraged especially when social distancing is not feasible such as when spotting in the weight room.

Stage 4: June 14-26 (providing Stage 3 is met and satisfied)

- Groups of 50 or more where appropriate physical distancing and precautionary measures are observed and occur. No competition between other schools.
- Weight Room:
 - No more than 10 people in the weight room.
 - Safety procedures in place and **not** minimized due to social distancing.
 - Disinfectants used on all equipment after each session.
 - All equipment will be cleaned/disinfected at the end of each day.
- Gymnasium:

- No more than 50 people in gym.
- Drills for individual development.
- Limited competition between members of practice groups.
- Disinfectants used on all equipment after each session.
- All equipment will be cleaned/disinfected at the end of each day.
- Face coverings encouraged especially when social distancing is not feasible such as when spotting in the weight room.

June 27-July 30:

- Kids clinics and camps and tournaments will be allowed. No more than 2 teams or groups present at one time.
- Competition/scrimmages allowed. Fans allowed. Spectators and teams should be limited to 250 or fewer with physical distancing and face coverings are encouraged.
- If a team is traveling from another county, cancel or postpone event if team is traveling from area with ongoing community transmission.

Additional Steps:

- Hand sanitizing stations, additional spray bottles, disinfectant, towels for gym and weight room have been requested.
- Athletes will not be permitted in the locker rooms during **Stage 3** and will be asked to use the main entrance into the gym.
- Any shared equipment will be periodically sanitized throughout the period of activity/use.
- The bathrooms in the gym foyer will be available and will be cleaned before and after each open gym/weight training session.
- Athletes will also be asked to provide their own water/hydrating drinks and not be allowed to leave any clothes at school during **Stage 3**.
- The gym and weight room will be cleaned/disinfected at the end of each day.
- Posting of expectations will be clearly marked at the gym's entrance, district webpage, and Facebook pages.

During Every Stage:

- Encourage physical distancing.
- Teach and reinforce proper coughing techniques. No spitting.
- Teach and reinforce the use of face coverings whenever possible.
- Routinely clean and disinfect equipment and surfaces.
- Discourage sharing of water bottles and cups.
- Provide and encourage hand washing and use of hand sanitizer often.
- Encourage athletes to participate in individual drills and activities.
- Encourage participants to use their own equipment, when possible.
- Monitor athletes and coaches/staff for signs and symptoms of COVID, require ill persons to stay home.

This re-entry plan is subject to change based on SDE, IHSA, Southwest District Health, and NSD School Board recommendations.